Contained below are the Video Tryout Requirements. Please note that this option is reserved for those that have extenuating circumstances (as approved by Coach Brandi Wriedt) that prevent them from being at Tryouts on the 25th and 26th of April. The video tryout option must be personally requested by emailing trumancheerleading@gmail.com, Kent Johnson (TSU Captain) at ksj2888@truman.edu, or the coach Brandi Wriedt at bkeller@truman.edu. Being at tryouts and learning all of the material for Truman is much preferred.

Please wear a plain shirt with no school identification on it, along with plain black shorts and plain cheer shoes.

Video Tryout Requirements:

- Email trumancheerleading@gmail.com your finished copy of the Tryout Information Form and Informed Consent Form (found at cheerleading.truman.edu), along with your video submission, before or on April 19th, 2015.

- Answer the following questions: (we want to get to know you a bit)
  - Why do you like to cheer, and what do you love most about it?
  - Why do you want to cheer for Truman?
  - What do you think that you would be bringing to the squad?

- STUNTING: (each stunt video should include how you got into the stunt, sticking it, and coming down from the stunt)
  - Please show your most advanced level of stunting in 2 group stunts. Examples include: one-legged stunts, single bases, shoulder stands, partner stunting. If you wish to show more than two stunts, you are more than welcome. Please limit it to 4 stunts.
  - In the group stunt, please be able to demonstrate your most advanced ability in two positions of the stunt. For example: back spot and base, or flyer and base, or back spot and flyer.
  - If you have the ability, please demonstrate your shoulder stand skills.
  - If you are male, please include your partner stunting abilities, your shoulder stand abilities, and your group stunting abilities.

- TUMBLING:
  - Please demonstrate the extent of your tumbling abilities. This includes running and standing abilities. If you are currently working towards a new skill, please show that with a spot if you need it. This demonstrates skills that you can attained in the future
  - Please try to tumble on a matted surface. Due to the fact that most of our season is not on a spring floor, it is best to see the level of tumbling skills on the floor closest to our practice and regular competition floors.
• **SPIRITING AND CHEERING:** (if you’re male, please demonstrate your spiriting abilities and your yelling ability)
  - Please include your cheering ability by showing us 2 of your home school’s cheers.
  - Please show your spiriting ability with these cheers.
  - Please demonstrate your dancing ability by showing your school’s fight song routine

• **JUMPS:** please show your jumping ability by doing the following skills
  - Toe touch
  - Double toe touch
  - Pike
  - One jump of your choice

Your video submission will be evaluated on the same day as Tryouts. Don’t be afraid to get a little creative. Ingenuity and creativity are important aspects of our squad! If you make the squad, we will call you after the decisions have been made. **Good luck!**

Kent Johnson
Truman State University Cheer Captain